








2017 NUTRITIOUS FOOD BASKET SCENARIOS

Households with children					Single person households		
	Scenario 1	Scenario 2	Scenario 3	Scenario 4	Scenario 5	Scenario 6	Scenario 7
Scenarios ^a	 Ontario Works	 Minimum Wage Earner	 Median Ontario Income	 Ontario Works	 Ontario Works	 ODSP*	 Senior OAS / GIS**
Income							
Total Monthly Income (after tax)	\$2,568	\$3,287	\$7,896	\$2,353	\$806	\$1,238	\$1,675
Expenses							
	3 Bedroom			2 Bedroom	Bachelor	1 Bedroom	
Monthly Rent (may include heat/hydro) ^b	\$1,111	\$1,111	\$1,111	\$990	\$600	\$776	\$776
Food ^c	\$884	\$884	\$884	\$668	\$297	\$297	\$216
Funds remaining for other basic needs							
	\$573	\$1,292	\$5,901	\$695	(\$91)	\$165	\$683
% of Income Required for Rent	43%	34%	14%	42%	74%	63%	46%
% of Income Required to Purchase Healthy Food	34%	27%	11%	28%	37%	24%	13%

a - As applicable, all scenarios are based on the following:

1 male adult, 1 female adult, 1 girl, 1 boy, 1 female older adult.

b - Rental costs calculations are from the Rental Market Report: Ontario Highlights. Canada Mortgage and Housing Corporation, Fall 2017.

<https://www03.cmhc-schl.gc.ca/catalog/productDetail.cfm?lang=en&cat=102&itm=1&fr=1472132413287>

c - Reference: Nutritious Food Basket Data Results 2017 for the Sudbury & District Health Unit – Includes Household Size Adjustment Factors.

For more information, please call 705.522.9200, ext. 257.

* Ontario Disability Support Program

** Old Age Security / Guaranteed Income Supplement



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