








# 2016 NUTRITIOUS FOOD BASKET SCENARIOS

Households with children					Single person households		
	Scenario 1	Scenario 2	Scenario 3	Scenario 4	Scenario 5	Scenario 6	Scenario 7
<b>Scenarios<sup>a</sup></b>	 Ontario Works	 Minimum Wage Earner	 Median Ontario Income	 Ontario Works	 Ontario Works	 ODSP	 Senior OAS / GIS
<b>Income</b>							
<b>Total Monthly Income (after tax)</b>	\$2,245	\$2,958	\$7,448	\$2,034	\$780	\$1,218	\$1,574
<b>Expenses</b>							
	3 Bedroom			2 Bedroom	Bachelor	1 Bedroom	
<b>Monthly Rent (may include heat/hydro)<sup>b</sup></b>	\$1,114	\$1,114	\$1,114	\$953	\$610	\$771	\$771
<b>Food<sup>c</sup></b>	\$889	\$889	\$889	\$672	\$299	\$299	\$216
<b>Funds remaining for other basic needs</b>							
	<b>\$242</b>	<b>\$955</b>	<b>\$5,445</b>	<b>\$409</b>	<b>(\$129)</b>	<b>\$148</b>	<b>\$587</b>
<b>% of Income Required for Rent</b>	50%	38%	15%	47%	78%	63%	49%
<b>% of Income Required to Purchase Healthy Food</b>	40%	30%	12%	33%	38%	25%	14%

a - As applicable, all scenarios are based on the following:

1 male adult, 1 female adult, 1 girl, 1 boy, 1 female older adult

b - Rental costs calculations are from the Rental Market Report: Ontario Highlights. Canada Mortgage and Housing Corporation, Fall 2015.

[www.cmhc-schl.gc.ca/odpub/esub/64507/64507\\_2015\\_B02.pdf](http://www.cmhc-schl.gc.ca/odpub/esub/64507/64507_2015_B02.pdf)

c - Reference: Nutritious Food Basket Data Results 2016 for the

Sudbury & District Health Unit – Includes Household Size Adjustment Factors.

**For more information, please call 705.522.9200, ext. 257.**

Ce document est disponible en français.

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