



Sudbury & District

Health Unit

Service de
santé publique

*Make it a
Healthy
Day!*

*Visez Santé
dès
aujourd'hui!*

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December 6, 2010

The Honourable Dalton McGuinty
Premier of Ontario
Room 281, Legislative Building
Queen's Park
Toronto, ON M7A 1A1

Dear Premier:

Re: Nutritious Food Basket – The Cost of Eating in the Sudbury and Manitoulin Districts 2010

The enclosed 2010 Nutritious Food Basket Report was presented to the Sudbury & District Board of Health at its November 18, 2010 meeting and the following motion #54-10 was passed:

WHEREAS the Sudbury & District Board of Health annually monitors the cost of healthy eating in the Sudbury and Manitoulin districts in accordance with the Nutritious Food Basket Protocol and the Population Health Assessment and Surveillance Protocol per the Ontario Public Health Standards, 2008; and

WHEREAS the 2010 costing results continue to show that individuals and families living on social assistance or low incomes cannot afford healthy food after paying for housing and other necessities; and

WHEREAS under motion #15-09, the Sudbury & District Board of Health outlined their support for the provincial "Put Food in the Budget" campaign and, more recently, demonstrated their commitment and participation in the local "Do the Math" challenge;

THEREFORE BE IT RESOLVED THAT the Sudbury & District Board of Health continue to call on the provincial government to review social assistance programs in order to reflect the real costs of healthy living, including nutritious food, accessible transportation and affordable housing, for all Ontarians; and

FURTHER THAT the Sudbury & District Board of Health share the Nutritious Food Basket – The Cost of Eating in the Sudbury and Manitoulin Districts 2010 report with appropriate community agencies, boards, mayors and councils throughout the Sudbury and Manitoulin districts.

Letter to the Premier of Ontario

Re: Nutritious Food Basket – The Cost of Eating in the Sudbury and Manitoulin Districts 2010

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The Nutritious Food Basket report annually monitors the community's ability to eat healthy. I am hopeful that this data will be informative to Government's further review of Ontario social assistance programs.

Thank you for your attention to this important public health issue.

Sincerely,



Penny Sutcliffe, MD, MHSc, FRCPC
Medical Officer of Health and Chief Executive Officer

Encl.

- c.: Chief Medical Officer of Health
- Local MPPs
- ✓ Manitoulin-Sudbury District Social Services Administration Board
- Minister of Children and Youth Services
- Minister of Community and Social Services
- Minister of Health and Long-Term Care
- Minister of Health Promotion and Sport
- Sudbury & District Health Unit Constituent Municipalities